

ANATOMY of YOGA Immersion

SEPTEMBER 7 to OCTOBER 6, 2019 in SOUTH INDIA

A MONTH-LONG PRACTICAL
STUDY OF ANCIENT YOGIC
TRADITIONS AND HOW THEY
ARE BEING VERIFIED AND
REDISCOVERED IN MODERN
SCIENTIFIC STUDIES.



SWAMI GOVINDANANDA
ADVAITA VEDANTA
RAJA YOGA & MEDITATION
SANSKRIT SLOKAS



AYURVEDIC DOCTOR
TO BE ANNOUNCED
AYURVEDIC CONCEPTS
IN YOGA PRACTICE



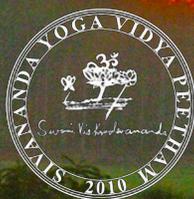
ROBERT MOSES
ANATOMY & PHYSIOLOGY
HATHA YOGA THEORY
ADVANCED PRANAYAMA



MEENAKSHI MOSES
YOGA ASANAS
ADVANCED PRACTICE
ART OF ADJUSTMENT



RISHI CHAITANYA
BHAKTI YOGA
HOW TO PERFORM
HOME PUJAS



SWAMI SIVANANDA
1887-1963

SIVANANDA YOGA VIDYA PEETHAM
KADALEEVANAM YOGA ACADEMY
KODAKKAD P.O. (VIA THRIKKARIPUR) 671310
KASARAGOD DISTRICT, KERALA, SOUTH INDIA



SWAMI VISHNUDEVANANDA
1927 - 1993